

WHEY ISO 94

MUSCLE

Sweetened whey protein sports drink powder.



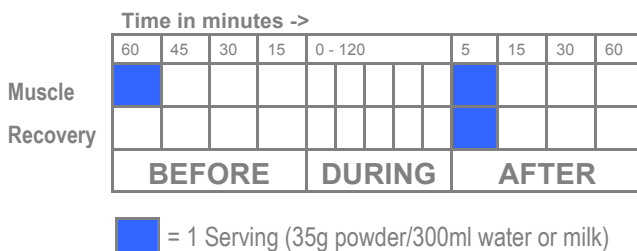
- protein source of high biological value
- promotes muscle mass buildup and maintenance
- contains no lactose, no aspartame

Whey Iso 94 is a whey protein isolate with a high protein content of 94% in dry matter. Produced using ion exchange and cross-flow microfiltration to minimize fat and carbohydrate content while maximizing biological value. Thanks to its high content in essential amino acids, especially BCCA (22.8%), this product perfectly meets the daily protein requirements of competitive athletes. The product contains no aspartame and no lactose and is therefore well digestible. In addition, Whey Iso 94 tastes excellent and dissolves very well.

RECOMMENDATIONS FOR USE

Stir 1 serving = 3 measuring spoons (35g) of powder in 300ml of water, low-fat milk or a liquid of your choice, preferably in a shaker, shake well.

Take 2 to 3 servings (0.8 to 1.5g protein/kg body weight) daily, for instance 1 hour prior to physical exertion or immediately after.



INGREDIENTS

Vanilla: whey protein isolate, vanilla flavor, sweetener: sucralose, vanilla seeds

Cocoa: whey protein isolate, cocoa powder, vanilla flavor, sweetener: sucralose

Strawberry: whey protein isolate, strawberry flavor, color: beetroot powder, sweetener: sucralose

FLAVOUR

Vanilla, Cocoa, Strawberry

PACKAGING

- 700 g Container with measuring spoon
- 2 kg Stand-up pouch with zip

NUTRITION FACTS

| | Per 100g | Per 35g |
|-------------------------|------------------|-----------------|
| Energy | 1609 kJ/385 kcal | 556 kJ/133 kcal |
| Proteins | 92 g | 32 g |
| Carbohydrates | 0.5 g | 0.15 g |
| - of which sugar | 0 g | 0 g |
| Fat | 1.7 g | 0.6 g |
| - of which saturated FA | 1 g | 0.35 g |
| Fiber | 0 g | 0 g |
| Sodium | 0.75 g | 0.26 g |

| Amino acids (in dry matter) | Per 100g | Per 35g |
|-----------------------------|----------|---------|
| - of which essential: | | |
| Cysteine | 3 g | 1.05 g |
| Histidine | 2.2 g | 0.77 g |
| Isoleucine* | 5.4 g | 1.89 g |
| Leucine* | 11.9 g | 4.17 g |
| Lysine | 11.1 g | 3.9 g |
| Methionine | 2.3 g | 0.8 g |
| Phenylalanine + Tyrosine | 3.5 g | 1.23 g |
| Threonine | 4.4 g | 1.54 g |
| Tryptophane | 2.7 g | 0.95 g |
| Valine* | 5.5 g | 1.93 g |
| - of which non-essential: | | |
| Alanine | 4.7 g | 1.65 g |
| Arginine | 2.3 g | 0.8 g |
| Aspartic acid | 11.1 g | 3.9 g |
| Glutamic acid | 16.5 g | 5.8 g |
| Glycine | 1.6 g | 0.56 g |
| Proline | 4.4 g | 1.54 g |
| Serine | 2.7 g | 0.95 g |

*BCAA = Branched Chain Amino Acid