

ULTRA ENERGY COMPLEX

ENDURANCE

Energy concentrate with carbohydrates, vegetable oils and L-carnitine.



- protein source of high biological value
- promotes muscle mass buildup and maintenance
- contains no lactose, no aspartame

Ultra Energy Complex is a liquid energy concentrate based on carbohydrates and five high-grade vegetable oils containing Omega-3 and Omega-6 fatty acids. During sustained physical exertion (2 hours or more), it is, apart from carbohydrates, mainly fatty acids that are metabolized for energy generation. The increased supply of high-grade fatty acids is easy on the body's glycogen reserves, optimally supporting performance over an extended period of time. Added L-carnitine (250 mg/serving) boosts fat metabolism (energy supply) and promotes recovery. Ultra Energy Complex is an almost entirely natural product, without any artificial flavors, colors, sweeteners or preservatives.

RECOMMENDATIONS FOR USE

Knead packet well before use. Empty content directly into mouth, wash down with water.

Beginning after 2 hours of physical exertion, ingest contents of 1 to 2 packets per hour. In cold weather, dosage may be increased depending on the energy needed (2 packets/hour), conversely, in hot weather, dosage should be reduced (1 packet /hour).

Time in minutes ->

60	45	30	15	0	60	120	180	240	15	30	45	60
BEFORE					DURING			AFTER				

= 1 Portion: 1-2 Packet/Std.

FLAVOUR

Coconut

PACKAGING

10 x 25 g Packet-Box (net 250 g)

INGREDIENTS

Coconut milk powder, sucrose, water, maltodextrine, vegetable oil blend (olive oil, coconut oil, sunflower oil, canola oil, wheat-germ oil, emulsifier: sunflower lecithine), coconut copra, thickener: mod. starch, L-carnitine



Carnipure™ bietet reinstes L-Carnitin und ist ein Warenzeichen der Lonza AG, Schweiz.

NUTRITION FACTS

	Per 100g	Per 25g
Energy	2067 kJ/494 kcal	519 kJ/124 kcal
Proteins	3.2 g	0.8 g
Carbohydrates	47.6 g	11.9 g
– of which sugar	22 g	5.5 g
Fat	32.3 g	8.1 g
– of which saturated	20.2 g	5.1 g
– of which unsaturated	8.2 g	2.1 g
– of which polyunsaturated	2.0 g	500 mg
– of which Omega-3 fatty acids	0.4 g	100 mg
– of which Omega-6 fatty acids	1.6 g	400 mg
Fibre	1.2 g	0.3 g
Sodium	0.78 g	0.2 g
L-Carnitine	1000 mg 100%*	250 mg 25%*

*RDA = Recommended Daily Allowance

