

L-CARNITIN

ENERGY

100% pure L-carnitine. Without sugar, non-flavored.



- supports the conversion of fat into muscle energy



L-carnitine serves as a carrier molecule in fat metabolism, carrying fatty acids into the mitochondriae – the cells' "power plants" – where the fatty acids are burned for energy production. L-carnitine thus plays a pivotal role in fat metabolism.

RECOMMENDATIONS FOR USE

Take one measuring spoon (800mg) of L-carnitine daily with the fruit juice or liquid of your choice, preferably in the morning or approx. 2 hours before physical exertion.

A regular intake over a period of at least 3 months is recommended.

Time in minutes ->

0	120	60	30	0 - 240	15	30	45	60
BEFORE			DURING			AFTER		

= 1 Serving (800mg)

FLAVOUR

Neutral

PACKAGING

100 g Container with measuring spoon

INGREDIENTS

L-Carnitine-tartrate

NUTRITION FACTS

	Per 100g	Per 800mg
Energy	0 kJ/0 kcal	0 kJ/0 kcal
Proteins	0 g	0 g
Carbohydrates	0 g	0 g
Fat	0 g	0 g
L-Carnitine	100 000 mg 10 000%*	800mg 80%*

*RDA = Recommended Daily Dosage