

CARBO BASIC PLUS

ENDURANCE

Sports drink powder with long-chain carbohydrates and electrolytes.



- supports endurance
- very good digestibility

Carbo Basic Plus is a unique carbohydrate combination with a high content in long-chain, complex carbohydrates, specially developed for highly intense and sustained physical exertion. Because of its high content in pregelatinized starch, this drink remains hypotonic even in higher dosage (8%) and is therefore easily digestible.

RECOMMENDATIONS FOR USE

Fill 1/3 of bottle (approx. 250ml) with water, add 4 1/2 level measuring spoons (60g) of powder and shake well for approx. 10 to 20 seconds. Top off with water and shake again.

During physical exertion, 1 serving (750ml) per hour is recommended.

Time in minutes ->

60	45	30	15	0	30	60	90	120...	15	30	45	60
BEFORE					DURING				AFTER			

= 1 serving (60g powder/750ml water)

FLAVOUR

Non-flavoured, Lemon, Grapefruit

PACKAGING

- 10 x 60 g Package / Box (net 600 g)
- 1 kg Container with measuring spoon
- 2.5 kg Stand-up pouch with zip

INGREDIENTS

Non-flavored: pregelatinized potato starch, maltodextrine, sucrose, fructose, salt, magnesium citrate

Lemon: pregelatinized potato starch, maltodextrine, sucrose, fructose, acidifier: citric acid, salt, magnesium citrate, natural lemon flavor

Grapefruit: pregelatinized potato starch, maltodextrine, sucrose, fructose, acidifier: citric acid, salt, magnesium citrate, natural grapefruit flavor

NUTRITION FACTS

	Per 100g	Per 60g
Energy	1589 kJ/380 kcal	962 kJ/230 kcal
Proteins	0 g	0 g
Carbohydrates	95 g	57 g
– of which sugar	32.5 g	19.5 g
– of which starch	33 g	20 g
Fat	0 g	0 g
– of which saturated FA	0 g	0 g
Fiber	0 g	0 g
Sodium	0.48 g	0.29 g
Magnesium	42 mg	25 mg