

Protein Snack

32% protein 26% carbo

Product description

Protein Snack is a tasty protein-carbohydrate bar. The precious protein components from soya, milk and collagen provide an optimal proportion of the macronutrients. With only 7.5 g of fat, 16 g of protein and 13 g of carbohydrates, this bar is suitable as small snack before power trainings. It is also an appropriate alternative to traditional protein shakes. With roasted peanuts, milk chocolate and caramel, Protein Snack is not only a sports bar, but can also be taken during leisure time.



Advantages

- An easy and convenient alternative to traditional Protein shakes
- Good proportion of macronutrients with 32% of protein, 26% of carbohydrates and 15% of fat
- High quality protein components

Utilisation

Can be taken during sport activities for the muscles constitution and the regeneration, but also in everyday life as a snack.



Ingredients

Milk chocolate 20%, caramel 14%, fibres (polydextrose, oligofructose), collagen hydrolysate, soya protein, casein hydrolysate, whey protein, glycerol, peanuts 6%, defatted cocoa, flavours, olive oil, sweetener sucralose. Contain milk and soya. May contain traces of nuts and other seeds.

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Flavour / Packaging / Nutrition facts

Chocolate-caramel Display with 24 bars of 50 g

nutrition facts	per 100 g		per bar (60 g)	
energy kJ (kcal)	1600 (380)		800 (190)	
proteins	32 g		16 g	
carbohydrates	26 g		13 g	
- of which sugars	17 g		8.5 g	
fat	15 g		7.5 g	
- of which saturated fatty acids	7.4 g		3.7 g	
fibres	9.6 g		4.8 g	
sodium	0.21 g		0.1 g	
minerals	per 100 g	%RDA	per 60 g	%RDA
calcium	111 mg	14%	66.6 mg	8.3%
iron	2.7 mg	19%	1.6 mg	11%
magnesium	47 mg	16%	28.2 mg	9%
zinc	1 mg	7%	0.6 mg	4%

*%RDA = recommended daily allowance