

# Oat Pack

with macadamia nuts and chufa sedges

## Product description

Sponser Oat Pack – concentrated energy out of oat. Tasty oat flakes combined with roasted macadamia nuts and chufa sedges deliver the necessary energy to respond to the high requirement in the nature. Appropriate as a tasty snack at work, for every days, on bike tours, by walking or trekking.

Oat flakes are rich in satiating food fibres (beta-glucans) and thus provide a long lasting energy supply. Thereby the blood glucose level remains steady for a long time and energy deficits are avoid.

Macadamia nuts count generally as the finest and tastiest nuts and were already used by the natives of Australia as food source rich in proteins and fat. Earth almonds are mostly grown in Spain, in the area of Valencia. Both nuts are rich in unsaturated fatty acids and deliver fat dissolvable vitamins (A, D, E, K) as well as various minerals like calcium or potassium.



## Advantages

- Graded and continuous energy release thanks to a wide sugar spectrum.
- Very tasty thanks to first class ingredients.
- 100% natural. Handmade.

## Utilisation

Appropriate as power snack at work, during leisure time and sport.

## Ingredients

Oat flakes 40%, glucose syrup, inverted sugar, praline mass (sugar, hazelnuts, hardened vegetable fat, cocoa mass, soya flour, emulsifier: lecithin), macadamia nuts 12%, earth almonds 4% (chufas), soft margarine, lemon juice, salt. May contain traces of nuts or other seeds.

## Flavours / packaging / nutrition facts

Nuts. Display with 30 bars of 60 g

Energetic value*	per 100 g	per bar (60 g)
energy	1700 kJ (405 kcal)	1020 kJ (243 kcal)
proteins	6.7 g	4.0 g
carbohydrates	58.7 g	35.2 g
fat	16.3 g	9.8 g