

# Low Carb Burner

Low calories electrolyte drink with metabolism activating ingredients

## Product description

Combination of a classical electrolytes sports drink with an ultra light drink (only 14 kcal/500 ml). Contains activating ingredients for the metabolism and the thermogenesis, metabolism increase which causes a raised heat production from food energy. This promotes a higher energy release, an increased calories combustion and by this a reduced storage of the food energy as a fat depot.

The polyphenols from green tea and green coffee extracts restrain certain enzymes of the carbohydrates metabolism and fat metabolism, what leads altogether to an increased fat combustion. Moreover, they accelerate the metabolism and increase the energy requirements, so that all in all, the body burns more calories than it gets. Studies prove a significantly raised thermogenesis and a decreased fat absorption. Besides, the plant active substances from the green tea have highly antioxidative effects and protect against the oxidative stress (e.g. by training, sun, environmental poisons, etc.).

The soluble food fibers and the isomaltulose care for a low glycemic index (low GI), which, in opposition to traditional sports drink, does not hinder an optimum fat combustion. The fat combustion is additionally supported by L-carnitine.

The PeptoPro<sup>®</sup> peptide promote the regeneration and preserve the muscle mass during diets, while the electrolytes and the vitamins replace the sweat losses and promote the energy metabolism and the fluid absorption. The fluid absorption is also improved by the water binding qualities of the used food fibers.

Therefore, LOW CARB BURNER is ideal for any sport session lasting 1-2 hours with the purpose of losing weight. Normal sports drinks supply either too much energy for this purpose or contain neither the necessary electrolytes, nor the substances to support the fat combustion. Also appropriate as a complement to a diet.

## Advantages

- Promotes the fat combustion and the thermogenesis by combined effect from green tea and green coffee extracts, L-carnitine and acacia fibers
- With electrolytes for a quick fluid replacement during sport activities
- Peptide for an accelerated regeneration and the preservation of the muscle mass during diets
- Only 14 kcal/portion

## Utilisation

Ideal as fat metabolism activating, low-calories sports drink, e.g. in fitness studios for training lasting not longer than 1 hour or as complement to diets. Take 1 serving twice a day as a sports drink (500 ml), during the meals, or as tea.



fast acting peptide mix



Carnipure<sup>™</sup> guarantees purest carnitine quality



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## Ingredients

Acacia fiber, 15% protein hydrolysate (peptides), isomaltulose, minerals, Polydextrose, L-carnitine, decaffeinated green tea and coffee extract, flavours, citric and malic acid, 10 vitamins, sweetener sucralose.

## Flavour / Packaging / Nutrition facts

Peach-Maracuja

Box of 20 x 8.5 g

nutrition facts		1 portion (8.5 g = 500 ml)
energy kJ (kcal)		60 (14)
proteins		1.6 g
carbohydrates		1.2 g
fat		0 g
soluble food fibers		2 g
<b>vitamins</b>	<b>per 8.5 g</b>	<b>%RDA*</b>
E	3 mg	30%
C	20 mg	30%
B1	0.42 mg	30%
B2	0.48 mg	30%
B6	0.6 mg	30%
B12	0.3 µg	30%
niacine	5.4 mg	30%
folic acid	60 µg	30%
biotin	45 µg	30%
pantothenic acid	1.8 mg	30%
<b>minerals</b>	<b>per 8.5 g</b>	<b>%RDA*</b>
calcium	53.5 mg	7%
magnesium	26 mg	9%
sodium	885 mg	--
potassium	645 mg	--
chloride	1380 mg	--
<b>others</b>	<b>per 8.5 g</b>	<b>%RDA*</b>
L-carnitine	250 mg	--
green tea catechins	95 mg	--
green coffee extract	100 mg	--

\*Recommended Daily Allowance