

Liquid Energy plus

+ sodium + potassium + caffeine + taurine

Product description

SPONSER Liquid Energy Plus is a highly concentrated neutral tasting energy provide in liquid form. A 70g tube contains 210 kcal of pure energy and is very easily digestible. Moreover it contains functional ingredients such as caffeine, taurine and inositol as well as the vitamins needed in order to assimilate this energy.

The caffeine effect is well known to improve performances: higher capacity of concentration, acceleration of the fat metabolism and improved contraction of muscles. Liquid Energy Plus is appropriate for endurance sport people who are dependant on a constant energy supply. However it is also ideal for power sports and games as an easily digestible source of energy. Short and long availability kinds of sugar care for a gradual energy release. Sodium accelerates the sugar absorption by the body, whilst potassium is needed for the carbohydrates metabolism.



Advantages

- Obtainable in closable tubes or in handy portion bags.
- Extended energy release through a balanced sugar combination.
- The quick availability helps also during efficiency lowering.
- Best digestibility ever.
- Temperature stable. Appropriate for all weather conditions.
- Pleasant honey like taste.

Use

Take half a tube or a portion bag just before the performance and then 1 tube or 2 portion bags (approx. 50g carbohydrates) per hour. Drink sufficiently in addition. During efforts lasting more than 3 hours the dosage has to be increased according to individual needs.



Ingredients

Glucose syrup, water, fructose, taurine, sodium chloride, potassium phosphate, vitamins, caffeine, inositol, ascorbic acid.

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Flavours / packaging / nutrition facts

Neutral. Display with 12 tubes of 70 g or display with 30 portion bags of 30 g

Nutrition facts				
for 100 g:	per tube (70 g):			
energy kJ (kcal)	1275 (300)		900 (210)	
proteins	0 g		0 g	
carbohydrates	75 g		53 g	
fat	0 g		0 g	
vitamins		ETD*		ETD
vitamin C	43 mg	71%	30 mg	50%
niacin	12.8 mg	71%	9 mg	50%
B2	1.1 mg	71%	0.8 mg	50%
pantothenic acid	4.3 mg	71%	3 mg	50%
B6	2.9 mg	143%	2 mg	100%
taurine	1000 mg		700 mg	
caffeine	71 mg		50 mg	
carbohydrates quickly available				37%
medium and long-term availability carbohydrates				63%

* of recommended dietary allowance