

# Carnitin Bar

59% carbohydrates 10% energy

## Product description

SPONSER Carnitin is an energy bar made out of cereals with 440mg of L-carnitine. The Carnitin Bar supports the metabolism of energy both during sport activities and the recovery phase thanks to the combination of carnitine and cereal carbohydrates.



L-Carnitine is an amino acid fulfilling various roles in the body, i.e. performance, recovery and also health-promoting functions:

- optimises the fat burning in the metabolism of energy.
- improves the absorption of oxygen and increases the aerobic endurance.
- helps protect from radicals by detoxification.
- shortens the recovery time and reduces the muscle ache.

## Advantages

- Highest L-carnitine quality (L-CARNIPURE®)
- Delicious cereal bar with cream filling
- Appropriate for use in both cold and warm temperatures.



Carnipure™ guarantees purest carnitine quality

## Utilisation

Appropriate as high-quality energy snack before, after and, depending on the intensity, also during sport activities.



## Ingredients

Cereal flakes, partly hydrogenated palm fat, dextrose, fructose, sucrose, rice crisp, milk powder, dehydrated apricots, soya kernels, glucose syrup, puffed rice, almonds, L-carnitine, sorbitol, flavours, citric acid, soy- and sunflower lecithin. May contain traces of nuts and other seeds.

## Flavours / packaging / nutrition facts

Apricot. Display with 15 bars of 40 g.

nutrition facts	per 100 g	per bar(40 g)
energy kJ (kcal)	1950 (465)	780 (186)
proteins	10 g	4 g
carbohydrates	59 g	23.6 g
fat	21 g*	8.4 g
L-carnitine	1100 mg	440 mg

\*8.2g of healthy and precious polyunsaturated fatty acid