

Basic Minerals

Product description

SPONSER Basic Minerals regulates the balance of acid. The alkaline minerals and trace elements; bicarbonate, lactate, carbonate, and hydrogen phosphate, have an acid reducing effect, improving the cell metabolism, promoting the elimination of residue and increasing the oxygen respiration of the cells. Basic Minerals serves as a neutraliser for the body, for a faster recovery after disease as well as for strengthening the immune system.

The metabolisms hyper-acidification is a widespread phenomenon of our time and some of the causes of an increased acid formation are the followings:

- specific food such as meat, sugar, cereals, alcohol and coffee
- extreme physical loads
- decreased acid elimination (lack of movements, insufficient liquid supply)



Advantages

- 3 teaspoons of Basic Minerals covers 80 to 90 % of the daily needs in calcium, magnesium, zinc and iron.
- Sugar and lactose free

Utilisation

Take every day 3 x 1 teaspoons daily with plenty of water, together with meals or right after.

Ingredients

Calcium lactate, bicarbonate of sodium, magnesium lactate, potassium phosphate, silicic acid, iron II lactate, zinc lactate, Arabic gum.

Flavours/ packaging / nutrition facts

Neutral. Box of 400 g.

nutrition facts		per 13 g (= 1 daily portion)
energy kJ (kcal)		< 1 (<0.5)
proteins		0 g
carbohydrates		0.2 g
fat		0 g
minerals	per 13 g	%ETD*
calcium	474 mg	59%
magnesium	265 mg	88%
iron	12 mg	85%
zinc	12 mg	80%
phosphorus	244 mg	30%

* recommended daily intake