

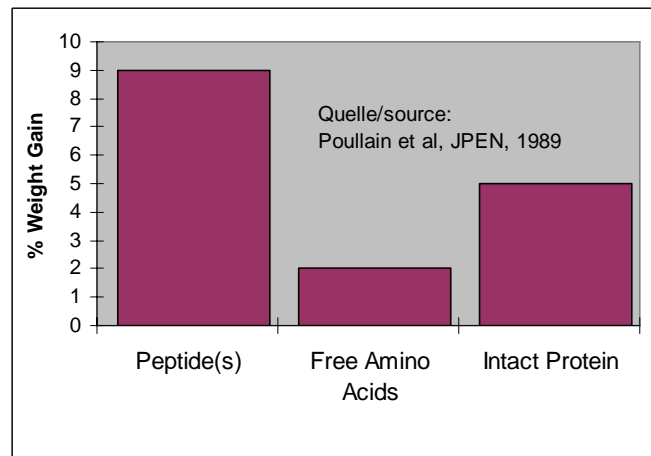
Amino Force

Peptid, Full Amino Spectrum

Product description

Amino Force contains di- and tri-peptides from whey protein hydrolysate (lactalbumin), which are more efficiently and quickly absorbed by the body than intact proteins or free amino acids. Studies made in the USA show a higher nitrogen-utilisation for di-and tri-peptides. The biggest muscle mass gains were obtained with whey protein hydrolysate, such as Amino Force: approx. twice more than with intact protein and five times more than with free amino acids (see graph).

In addition, the peptides contained in Amino Force have an extremely deep molecular weight in comparison to the similar products on the market, which allows a maximum assimilation and metabolisation in the body.



Advantages

- Highest biological availability.
- High BCAA content of 240 mg/g pure protein in powder form and 227 mg/g pure protein in tablet form.
- Optimal molecular weight: 65% < 500 D, 26% < 2000 D
- Peptides represent a natural form of absorption for the body and thus are very well assimilated.
- Slighter bitter taste (powder) or pleasant mocca taste (tablets)

Utilisation

Take shortly before, directly during and/or right after exertion (dilute 1-2 teaspoons of powder in a sports drink, or chew 5-10 tablets).



Ingredients



Amino Force

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Powder: Whey protein hydrolysate (enzyme hydrolysis).

Tablets : Whey protein hydrolysate, whey protein concentrate, dextrose, caramel powder, coffee extract, flavourings, aspartame, calcium stearate.

Flavours / packaging / nutrition facts

Neutral. Box of 250 g powder

Mocca. Box of 300 g tablets

Example powder

nutrition facts	per 100 g	per 10 g
energy kJ (kcal)	1667 (394)	167 (39)
proteins	80 g	8.0 g
carbohydrates	5 g	0.5 g
fat	6 g	0.6 g

amino acids per g of pure protein		
essentials	histidine	1.99 g
	isoleucine	6.22 g
	leucine	11.54 g
	lysine	9.86 g
	methionine + cysteine	4.62 g
	phenylalanine + tyrosine	6.86 g
	threonine	7.95 g
	tryptophan	1.54 g
non-essentials	valine	6.28 g
	alanine	5.26 g
	arginine	2.95 g
	aspartic acid	11.73 g
	glutamic acid	18.78 g
	glycine	2.05 g
	proline	6.22 g
serine	5.83 g	

Biological value (Oser): 166 (whole egg 155)

Total BCAA: 240 mg per g of pure protein

Molecular weight: 65% < 500 D, 26% < 2000 D