

Protein Plus Low Carb – suitable for low carb diets



Key benefits:

- Suitable for low carb diets
- Low carbohydrate content
- High fibre, vitamin and mineral content

Suggested usage:

- 1 bar per day after training



Net carb Facts:

Carbohydrates	7,5g
Polyols	-4,0g

Net Carbs **3,5g**

Ingredients:

Bulking agent: polydextrose syrup, maltitol chocolate (maltitol, cocoa butter, milk powder, cocoa mass, emulsifier: soya lecithin, flavouring), milk protein (13%), vegetable fat, skimmed milk powder, inulin, maltitol syrup (from wheat), humectant: glycerine, magnesium carbonate, calcium carbonate, vitamins (niacin, E, pantothenic acid, B6, riboflavin, thiamin, biotin, B12), flavouring, emulsifier: soya lecithin, sweetener: sucralose. Traces: Gluten, peanuts, nuts, lupine.

Nutrition information:

Nutrition information:	per 100 g:	per bar:
Energy kJ (kcal)	1528 (366)	535 (128)
Protein	16,5 g	5,8 g
Carbohydrates	21,5 g	7,5 g
of which polyols (maltitol, glycerol)*	11,3g	4,0 g
Fat	20,9 g	7,3 g

*% recommended daily allowance

Vitamins and Minerals:

Vitamins and Minerals:	per 100 g (%RDA*):	per bar (%RDA*):
Niacin	17,0 mg (94%)	5,9 mg (33%)
Vitamin E	9,4 mg (94%)	3,3 mg (33%)
Pantothenic acid	5,7 mg (95%)	2 mg (33%)
Vitamin B6	1,9 mg (95%)	0,7 mg (35%)
Vitamin B2 / Riboflavin	1,5 mg (94%)	0,5 mg (31%)
Vitamin B1 / Thiamin	1,3 mg (93%)	0,5 mg (36%)
Biotin	0,14 mg (93%)	0,05 mg (33%)
Vitamin B12	0,94 µg (94%)	0,33 µg (33%)
Calcium	460 mg (58%)	161 mg (20%)
Magnesium	170 mg (57%)	59,5 mg (20%)

*% recommended daily allowance

Technical information:

- 35g bar
- flavours: Strawberry, Vanilla

Flavour	SKU	EAN Bar	EAN Box	EAN Case
Vanille	21401509	4029679520073	4029679522701	4029679905115
Erdbeere	21401109	4029679520080	4029679522800	4029679905108