

PowerBar Ride Shots – fast energy – stay out there



Key benefits:

- **New:** The special **C2MAX carb mix** contains a special ratio of glucose and fructose sources. Consumed regularly during exercise, this mix can increase the amount of carbs that can be digested and used by working muscles up to 55% - scientific studies showed: **improved performance on an average of 8%**
- With 200 mg sodium, to stimulate the consumption of water and to have a better hydration
- Improved, more liquid composition
- Black Currant and Green Apple contain 50mg caffeine to boost concentration

Suggested usage:

- 4 pouch per day. One pouch every 20-45 minutes during exercise with 400 ml water. Do not replace a balanced diet with this supplement.

Ingredients (e.g. Tropical Fruit):

Maltodextrin, water, fructose, sodium chloride, flavouring, sodium citrate, citric acid, preservatives (sodium benzoate, potassium sorbate), potassium chloride.

Nutrition information:

Nutrition information:	per 100g:	per 4 pouches:
Energy	1109 (261)	1819 (428)
Protein	<0,1 g	<0,1 g
Carbohydrate	65 g	107 g
of which sugars	29 g	48 g
Fat	0 g	0 g
of which saturates	0 g	0 g
Fibre	0 g	0 g
Sodium	0,50 g	0,82 g

Technical information:

- 41g pouch with sticker at the backside
- Flavours: Tropical Fruit, Lemon Lime, Caffeinated Green Apple, Caffeinated Black Currant, Vanilla, Strawberry-Banana

Geschmack	SKU	EAN Beutel	EAN Box	EAN Case
Tropical Fruit	22031833	402967950005-1	402967950050-1	402967950500-1
Lemon Lime	22031633	402967950003-7	402967950030-3	402967950300-7
Green Apple + Coffein	22031333	402967950001-3	402967950010-5	402967950100-3
Black Currant + Coffein	22032833	402967950006-8	402967950060-0	402967950600-8
Vanilla	22031533	4029679-50002-0	4029679-50020-4	4029679-50200-0
Strawberry-Banana	22031733	4029679-50004-4	4029679-50040-2	4029679-50400-4