

## Amino Mega Liquid – for effective strength training and fast recovery



### Key benefits:

- Supports build-up and retention of muscle through rapidly available peptides with a high measure of all the important amino acids
- Supports a fast recovery after strength training
- Supports the metabolism of protein with vitamin B 6

### Suggested usage:

- 1 Ampoule per day during and after training

### Ingredients:

Orange juice, whey protein hydrolysate (from milk), fructose, water, L-ornithine monohydrochloride, L-arginine, citric acid, preservative: potassium sorbate, sweeteners (sodium cyclamate, acesulfame K, sodium saccharin), L-leucine, flavouring, L-valine, L-isoleucine, vitamin B6.

### **Nutrition information:**

<b>Nutrition Information:</b>	<b>per 100ml (%RDA*):</b>	<b>per ampoule (25ml) (%RDA*):</b>
Energy kJ (kcal)	920 (216)	230 (54)
Protein	27.9 g	7 g
Carbohydrate	23.7 g	5.9 g
Fat	<0.1 g	<0.1 g
Vitamin B6	8 mg (400%)	2 mg (100%)

\* recommended daily allowance

### **Amino acids:**

<b>Amino acids:</b>	<b>per 100ml:</b>	<b>per ampoule (25ml):</b>
L-Alanine	913 mg	228 mg
L-Arginine	3348 mg	837 mg
L-Aspartic acid	1793 mg	448 mg
L-Cystine	424 mg	106 mg
L-Glutamic acid	3081 mg	770 mg
Glycine	310 mg	77 mg
L-Histidine	261 mg	65 mg
L-Isoleucine	896 mg	224 mg
L-Leucine	1533 mg	383 mg
L-Lysine	1565 mg	391 mg
L-Methionine	326 mg	82 mg
L-Ornithine	4005 mg	1001 mg
L-Phenylalanine	391 mg	98 mg
L-Proline	1027 mg	257 mg
L-Serine	815 mg	204 mg
L-Threonine	1174 mg	293 mg
L-Tryptophane	163 mg	41 mg
L-Tyrosine	391 mg	98 mg
L-Valine	882 mg	220 mg

### **Technical information:**

- 25 mg Ampoule

<b>SKU</b>	<b>EAN Ampoule</b>
24320017	4029679 660014

### **Price:**

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