

Protein Plus 92% - optimized for long lasting muscle build



Key benefits:

- Highly concentrated 92% protein blend, with 4 protein components: Whey, milk, soya and free amino acids
- Optimized for muscular development to compliment strength and endurance training

Suggested usage:

- Mixing instructions: Mix a 30g serving (approx. 3 heaped tablespoons) with 300ml water or any other liquid of your choice.
- Suggested use: 3 servings of 30g, spread over the day, for example after training or two hours before training. Store in a cool, dry place.

Ingredients (e.g. Chocolate):

Whey protein isolate (58%), calcium caseinate (35%) (from milk), soy protein isolate (3,5%), fat-reduced cocoa powder (3,5%), flavouring, l-leucine (280mg/100g), l-isoleucine (240mg/100g), l-arginine (240mg/100g), thickener (guar gum, xanthan gum), l-valine (190mg/100g), l-tyrosine (120mg/100g), acidity regulator (citric acid), sweetener (sucralose). Traces: Eggs, nuts, gluten, fish, crustaceans, sesame seeds, celery, mustard.

Nutrition information:

Nutrition Information:	per 100g:	per 30g:	Per 90g (3 x 30g):
Energy kJ (kcal)	1634 (385)	490 (116)	1471 (347)
Protein	90g	27g	82g
of which:			
L-Leucin	0,28g	0,08g	0,25g
L-Arginin	0,24g	0,07g	0,22g
L-Isoleucin	0,24g	0,07g	0,22g
L-Valin	0,19g	0,06g	0,17g
L-Tyrosin	0,12g	0,04g	0,11g
Carbohydrate	2,3g	0,7g	2,1g
of which sugar	0,1g	0,03g	0,1g
Fat	0,9g	0,3g	0,8g
of which saturates	0,5g	0,2g	0,5g
Fibre	3,2g	1,0g	2,9g
Sodium	0,5g	0,2g	0,5g

Amino acids:

Amino acids	Per 100g Protein:
L-Alanin	4,3 g
L-Arginin	3,08
Asparginsäure	9,73 g
L-Cystin	1,97g
Glutaminsäure	17,25 g
Glycin	1,99 g
L-Histidin	2,68 g
L-Isoleucin	11,21 g
L-Methionin	2,29 g
L-Phenylalanin	3,9 g
L-Prolin	6,06 g
L-Serin(e/a)	4,45 g
L-T(h)reonin(e/a)*	4,28 g
L-Tyrosin(e/a)	1,74 g
L-Tryptophan(e/o)*	4,24 g
L-Valin(e/a)*	5,74 g

Technical information:

- 600g jar
- 20 portions à 30 g
- Flavours: Vanilla, Chocolate

Flavour	SKU	EAN Jar	EAN Case
Vanilla	24411506	4029679-67012-9	4029679-67112-6
Chocolate	24410206	4029679-67011-2	4029679-67111-9

Price:
